

# Clinical Services

## Behavioral Health Services

This service is designed to help you achieve as much independence and control as possible in all areas of your life. Behavioral Health Services include mental health assessment, counseling, therapy and consultation for mental health disorders, emotional or behavioral needs and relationships or adjustment problems. Our clinical staff includes Licensed Independent Social Workers, Licensed Social Workers, Counselors and Marriage and Family Therapists.

## Community Psychiatric Supportive Treatment Services

This mental health service is designed to help you succeed in the community by identifying and assessing needed services and supports to address your mental health needs to increase independence.



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## Occupational Therapy

Occupational Therapists focus on helping individuals across their lifespan to develop and improve skills that enhance daily activities in areas such as self-care, work, play and leisure. Occupational Therapists also focus on arm/hand functioning and sensory processing.

## Physical Therapy

Physical Therapists focus on helping individuals across their lifespan to improve mobility and motion, relieve pain and promote the highest level of Independence.

## Speech and Language Therapy

Speech and Language Pathologists evaluate and treat areas of delayed communication, articulation, social skills, dysphasia (feeding/ swallowing) and alternative communication.

## Medical Services

Psychiatrists provide evaluation and treatment for adults with mental health conditions and behavioral and/or emotional difficulties. Internal Medicine Physicians provide yearly history and physical, sick and wellness exams for adult individuals in our residential program.

Nurses provide assistance in the coordination of medical services for individuals in our residential program and day programs. Annual nursing assessments, health history reviews and health education are available.

## Money Management

This program assists with managing Social Security income and ensures that payments are made for living expenses to support successful community living.

## College for Living

This program provides an opportunity to learn and have fun in the community. Classes are offered four times per year. These classes focus on topics such as crafts, leisure, social skills and cooking. College for Living is offered by the Summit Board of DD and coordinated by The Blick Center.